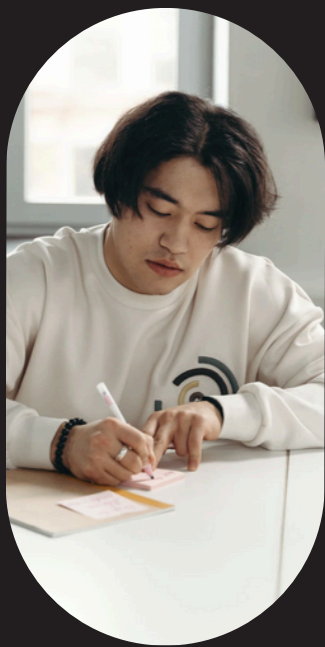




The Change Gym

Our Capabilities

We bring our experience,
expertise, and industry
knowledge with us to help
you succeed.



Contact Information

Web: www.thechange gym.com

Email: contact@thechange gym.com

Phone: +61 (0)412 876 773

Post: PO Box 165, ELANORA, 4221 Qld, Australia

Company Overview

The Change Gym is the Trading Name of Redequip Pty Ltd, founded in 2010 on the Gold Coast, Australia.

The Change Gym helps companies build their psychological and structural capacity for successful change through specialised training and removing change readiness restraints that slow them down. We help leaders develop a change readiness strategy to create sustainable and growing businesses.



Core Competencies

Training in Change Readiness, Change Management, and Organisational Change

Assessments of Change Readiness

Consulting in organisational change issues.

Development of educational programs and resources.

Key Differentiators

PhD-level expertise in the psychology of change readiness and adult education.

Experience delivering change readiness training at the Masters degree level in Australia

Scalability of educational courses for leaders and their teams

Proprietary assessment tools, learning programs, and dedicated, internal learning platform



Past Performance

2017-2024: Change readiness assessment and training to students enrolled in the Masters of Leadership program, School of Medicine, University of Tasmania.

2023: Change readiness assessments and training to the leadership team at Speech Pathology Tasmania.

2025: Change readiness assessments and training to the leadership team at IT Genius, Sydney.

Relevant Experience

2002-2009: Provided personal development and change programs to over 3000 people in the NSW Government Sector.

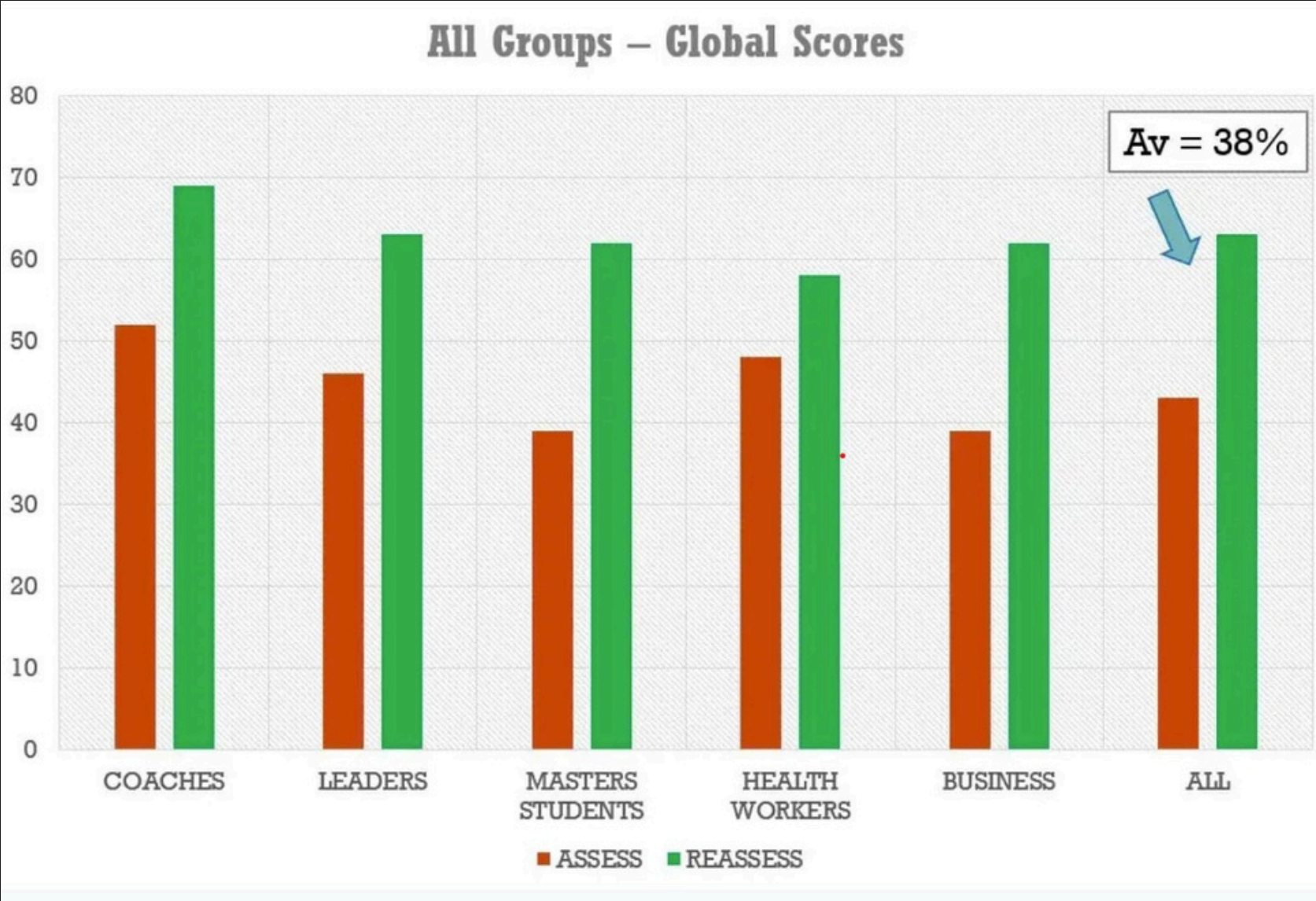
Numerous published books on organisational change and change readiness.

Presentations at industry conferences in Australia and abroad.



Proven Effectiveness

The graph below shows the increase in individuals' change readiness scores following our 90-day training program. The red columns reflect scores before training and the green after training. Note the average 38% increase across all groups since 2015.



Certifications and Awards

While not ISO 9001: 2015 certified, we make every effort to comply with the standard. We prioritise the quality of our programs and services.

Our trainers have Cert IV in TAE qualifications, industry experience, and training competence.

Company Data

ABN: 94 142 055 589

ACN: 142 055 589

We hold current Professional Indemnity Insurance and Public Liability Insurance.

