



CHANGE READINESS SUPERPOWERS



Learn to overcome resistance and drive sustainable change using practical, engaging strategies drawn from proven change readiness principles.

Empowerment: Unlock your personal and organisational change-readiness superpowers.

Actionable Strategies: Discover and apply step-by-step methods and templates that make change tangible.

Interactive Learning: Engage in dynamic sessions blending theory with real-world application.

Confidence & Clarity: Build the skills to lead teams effectively—even when times are uncertain.

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About our Training.

This course is delivered by Dr. Steve Barlow, a specialist whose PhD in change readiness underscores his expert guidance.

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AI Tutor Included

Your learning journey is enhanced by the personalised guidance of a highly trained AI tutor.

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APPLICATIONS

- **Transformational Change** – Major shifts in strategy, structure, or operations.
- **Incremental Change** – Small, continuous improvements to processes and efficiency.
- **Developmental Change** – Enhancing existing systems, skills, or workflows.
- **Cultural Change** – Shaping organisational values, behaviours, and leadership styles.
- **Technological Change** – Adopting new tools, software, or automation.
- **Structural Change** – Adjusting team structures, reporting lines, or organisational hierarchy.
- **Strategic Change** – Shifting business direction, market focus, or competitive positioning.

What You'll Gain:

- **3 hours of coaching with Dr Steve Barlow, including a 30-minute initial planning session.** Online or by phone.
- **Practical strategies** to enhance your team's ability to adapt and succeed in times of change.
- **Opportunities to grow** change fitness, ensuring your team is equipped to handle challenges with confidence.
- **Leadership tips** to help you become a more effective change leader.

PROBLEMS

- Failure to see subtle patterns.
- Not fully understanding the change journey.
- Feeling stuck or overwhelmed.
- Occasionally lacking motivation or confidence.
- Issues with teamwork and trust.
- Problem-solving skills are limited.
- Setting unclear goals.
- Being intimidated by complex situations.
- Holding negative beliefs.

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LEARNER JOURNEY THROUGH YOUR COURSE

1. **Enrolment and Onboarding:** Begin by enrolling in the course of your choice. Upon signing up, you'll receive a New User Welcome email containing all the access instructions you need to get started.
2. **Personalised Kick-Off:** Soon after, you'll receive a Welcome to Course email with a link to book your 30-minute online Planning Session. This session helps set your learning goals and ensures a clear path forward.
3. **Planning Session:** In this one-on-one session, a dedicated coach will work with you to customise your journey based on your needs and aspirations, giving structure to your engagement with the course material.
4. **Self-Paced Progression:** Work through the course content at your own pace, allowing time for reflection, application, and connection to your personal change goals.
5. **Interactive Coaching:** When you're ready, schedule and conduct two 50-minute coaching sessions. These sessions deepen your insights, address challenges, and help sustain momentum.
6. **Final Integration Session:** After completing all course lessons, book and complete your third 50-minute coaching session. This session helps consolidate your learning and prepares you for long-term application.
7. **Course Access Duration:** You will have access to the course content for 90 days from the date of enrolment. This timeframe gives you the flexibility to engage with the material and revisit key lessons as needed.