



CHANGE READINESS SUPERPOWERS



Learn to overcome resistance and drive sustainable change using practical, engaging strategies drawn from proven change readiness principles.

Empowerment: Unlock your personal and organisational change-readiness superpowers.

Actionable Strategies: Discover and apply step-by-step methods and templates that make change tangible.

Interactive Learning: Engage in dynamic sessions blending theory with real-world application.

Confidence & Clarity: Build the skills to lead teams effectively—even when times are uncertain.

1

About our Training.

This course is delivered by Dr. Steve Barlow, a specialist whose PhD in change readiness underscores his expert guidance.

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AI Tutor Included

Your learning journey is enhanced by the personalised guidance of a highly trained AI tutor.

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APPLICATIONS

- **Transformational Change** – Major shifts in strategy, structure, or operations.
- **Incremental Change** – Small, continuous improvements to processes and efficiency.
- **Developmental Change** – Enhancing existing systems, skills, or workflows.
- **Cultural Change** – Shaping organisational values, behaviours, and leadership styles.
- **Technological Change** – Adopting new tools, software, or automation.
- **Structural Change** – Adjusting team structures, reporting lines, or organisational hierarchy.
- **Strategic Change** – Shifting business direction, market focus, or competitive positioning.

What You'll Gain:

- **A 20-minute initial planning session** with Dr Steve Barlow. Online or by phone.
- **Practical strategies** to enhance your team's ability to adapt and succeed in times of change.
- **Opportunities to grow** change fitness, ensuring your team is equipped to handle challenges with confidence.
- **Leadership tips** to help you become a more effective change leader.
- **A 40-minute one-on-one review session** with Dr Steve Barlow.

PROBLEMS

- Failure to see subtle patterns.
- Not fully understanding the change journey.
- Feeling stuck or overwhelmed.
- Occasionally lacking motivation or confidence.
- Issues with teamwork and trust.
- Problem-solving skills are limited.
- Setting unclear goals.
- Being intimidated by complex situations.
- Holding negative beliefs.

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